



CITY MANAGER'S NEWSLETTER



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HYDRANT FLUSHING CONTINUES

Thurs., Sept. 11 thru Friday, Sept. 19 - East of Illinois Route 47

No scheduled hydrant flushing will take place on Saturdays or Sundays.

During hydrant flushing, some loss of pressure and/or water discoloration may occur. This condition will not present any health hazards and is temporary. Residents are urged to check their water quality **prior** to doing laundry and to avoid doing any laundry when hydrants will be flushed in your area.

If you have any questions about hydrant flushing, please contact the Department of Public Works at 815-338-6118, or via e-mail at pwdept@woodstockil.gov.



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AARP DRIVER SAFETY PROGRAM TO BE HELD AT WPD

The *AARP Driver Safety Program* will be held at the **Woodstock Police Department** on September 15th and 16th from 10:00AM to 2:00PM each day. Participants must attend both days to receive credit for the class. The cost is \$15.00 for AARP members and \$20.00 for non-members.

Participants who successfully complete the program may be eligible for a reduction in their vehicle insurance rates.

There are still places available to attend the class.

For further information or to register for the class, please contact **Administrative Office Manager Tamara Reed** at 815-338-6787.

PAWS IN THE PARK

Helping Paws is hosting their 15th Annual **Paws in the Park** walk & pet fest at Main Pavilion in Emricson Park this Sunday, September 14 from 10:00 a.m. – 3:00 p.m. Sunday's event includes a 1-mile walk, canine demonstrations, adoptable dogs, dog grooming, raffles, a photo booth, pet blessing and more! To register in advance, go to www.helpingpaws.net – or, you may register at the event beginning at 9:00 a.m.

Proceeds benefit Helping Paws Animal Shelter in Woodstock ... "making an impact one paw at a time."



DON'T MISS OKTOBERFEST IN WOODSTOCK!!!

The Woodstock MozartFest and Rotary Club of Woodstock are hosting *OKTOBERFEST* on Friday, September 12 & Saturday, September 13 at Woodstock Water Works in Emricson Park.

Bring your family & friends out to enjoy traditional German food & drinks along with live music and family fun.

Friday's event is from 6:00 p.m. until 10:00 p.m. featuring "Back in the Daze" and local band favorite "Hans and the Hormones."

Saturday's event is from 2:00 p.m. - 10:00 p.m. and features "Dave Herzog's Marionette's," "Let's Dance Sing Band," a traditional oompah band "Die Musikmeisters." and "Jimmy Nick and Don't Tell Mama." This is sure to be another fun evening that you won't want to miss!

Tickets are \$5.00 in advance per day (\$8.00 at the door), or \$6.00 at the door with a canned-food donation; kids under 18 are FREE but must be accompanied by an adult.

Tickets are available online at www.tix4cause.com search "Woodstock Oktoberfest."

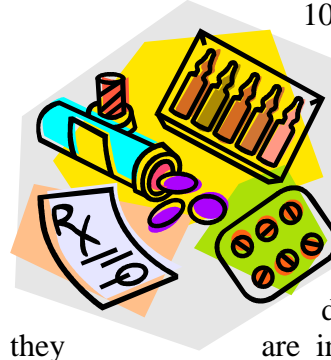
Schönes Wochenende!



NATIONAL DRUG TAKE-BACK DAY

On Saturday, September 27, 2014, the **Woodstock Police Department** will again participate in the United States Drug Enforcement Administration (DEA) National Drug Take-Back Day event from

10:00AM to 2:00PM in the public parking lot (east side of the building) located at 656 Lake Avenue.



Any and all prescription or over-the-counter drugs will be accepted if they are in pill form (no liquids or syringes). You can bring in as few or as many as you have – there is no minimum or maximum. The drugs will be accepted no questions asked and will then be properly destroyed by the DEA in an environmentally safe fashion.

The service is free and your privacy is protected. You don't even have to get out of your vehicle – Officers will be on hand to assist you – you can drive-by, drop off and be on your way.

During the first eight take-back events, the WPD collected a total of 915 pounds of unwanted drugs. The nationwide total stands at *4.1 million pounds (2,123 tons)!*

For further information, please call **Tamara Reed** at 815-338-6787 or visit www.nationaltakebackday.com.

SATURDAY TWEEN NIGHTS RETURN TO REC CENTER FOR FALL SEASON

Program Coordinators Alan Dunker and Becky Vidales greeted close to fifty 5th-8th grade tweens this past Saturday at the *Recreation Center's Tween Night* from 6:30-8:30PM. The gym was open for pick-up soccer and basketball games and the new basketball hoop in the pool was a big hit. Walleyball, racquetball and ping pong were available, too. The next Tween Nights are set October 4, November 1 and December 6. There is a \$4 drop-in fee.



RECRUITMENT NEWS

Congratulations to seasonal **Facility/Events Worker Nathan Knapke**, who has been offered and has accepted the position of **Production Assistant** for the **Woodstock Opera House**. While at the **Opera House Nathan** has been become a welcome addition to the **Opera House** team. **Nathan** has a BA in Show Production and Touring from Full Sail University and has had experience in production management, sound, lighting, and stage set construction. Nathan was most recently the Manager at Huntley High School's Performing Arts Center, where he was responsible for budgeting, maintenance and technical operations of a 638-seat theater.

The deadline for the **Public Works Department's** two internal promotional opportunities (open to current **Public Works** employees only) has closed. Interviews will be scheduled shortly for both the full-time **Water Treatment Operator I** and full-time **Mechanic**.

MEETINGS NEXT WEEK...

Tuesday, September 16 –City Council, 7PM,
Council Chambers

Wednesday, September 17- Transportation
Commission, 7PM, Council Chambers

Quote

It isn't the load that weighs us
down-it's the way we carry it.

-Unknown

TOUCH A TRUCK BRINGS A CROWD

Program Coordinators Renee Torrez and Becky Vidales greeted hundreds of children, parents and grandparents at the **Recreation Department's Touch a Truck** annual event this past Sunday, September 7 from 10AM – 2PM.

Touch a Truck gives kids the opportunity to climb on and around various trucks and tractors. Thank you to this year's participating companies: City of Woodstock Public Works & Police Departments, Flight for Life, Kona Ice, Mark Mitchell State Farm Insurance, Whitey's Towing, Woodstock Fire Rescue District and Woodstock School District #200 Transportation.

Special thanks to Public Works Street Foreman Roger Vidales for his extra effort in making sure the vehicles were clean and ready to view. Public works provides many of the vehicles that make this event successful; including a plow, a sweeper, a tractor, a Kubota and a loader.



THE SCIENCE OF HAPPINESS



While many think of happiness as elusive or random, you can learn daily methods for optimizing your joy and improving your well-being. A growing body of research in the field of positive psychology supports using specific techniques to increase gladness and life satisfaction. Practices that can enhance your daily pleasure include the following:

- **Single-task.** Avoid doing several things at once. Overstimulation dilutes your ability to savor what you're doing.
- **Celebrate.** Take time to appreciate the satisfaction of your accomplishments and share it with others.
- **Slow down.** Spend more time on gratifying activities, and limit less satisfying tasks to just the essentials.
- **Underdose.** Refrain from going overboard. Too much of a good thing is over stimulating and reduces pleasure.
- **Share the moment.** Do activities you enjoy with people you like.
- **Set goals.** Give yourself goals—and then work toward them. Happiness is increased when you reach for and achieve objectives.
- **Remember well.** Spend time recalling and relishing happy moments.
- **Think ahead.** Plan fun future activities and envision your enjoyment.

All of these techniques can be improved with practice. The findings are discussed more fully in Harvard Medical School's Special Health Report "Positive Psychology" (September 2011), available at www.health.harvard.edu.

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